NC Team Assignment Sheet

Co-ed

Coach(s) _____

Church _____ **Year** _____

This sheet is for the coaches' convenience – do not turn it in!

Indicate each team member's participation in an event by an (X).

Event	1	2	3	4	5	6	7	8	9	10	11
Team Member's Names:	**Bean Bag Relay –** 10 - 14 players - 3 heats 1st - 5 girls; 2nd - 5 boys; 3rd – 5 girls & 5 boys	**Sprint Relay** - 3 runners - 1 lap each 1 heat – (2) 3rd/4th girls & (1) 5th/6th girl	**Bean Bag Grab** - 10 players - 2 heats 1st - 5 girls – (2) 5th/6th & (3) 3rd/4th 2nd- 5 boys – (2) 5th/6th & (3) 3rd/4th	**3-Legged Race** - 4 runners - 2 laps each 2 heats – 1st (2) 3rd/4th girls & 2nd - (2) 3rd/4th boys	**Sprint Race** - 2 runners - 3 laps each 2 heats – 1st - (1) 3rd/4th girl & 2nd - (1) 3rd/4th boy	**4-Way Tug** - 4 players - 2 heats 1st – (2) 5th/6th girls; 2nd – (2) 5th/6th boys	**Balloon Volley** - 4 players - 2 heats 1st – (2) 3rd/4th girls; 2nd – (2) 3rd/4th boys	**Marathon Relay** - 3 runners - 2 laps each 1 heat – (1) 3rd/4th boy & (2) 5th/6th boys	**Marathon Race** - 2 runners - 6 laps each 2 heats – 1st - (1) 5th/6th girl; 2nd - (1) 5th/6th boy	**Balloon Relay** - 10 players - 2 heats 1st - 5 girls; 2nd- 5 boys	**Bean Bag Bonanza** - 10 players - 2 heats 1st - 5 girls; 2nd - 5 boys
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